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# **COACHING FOR RESULTS**

## **It's No Secret**

Many clients and friends have asked me about the recent TV special and subsequent material called "The Secret".

It talks about the laws that are the answers to all things, the law of attraction in particular and touches on the laws of affirmation, the law of vision, the law of self talk etc.etc.

It has been endorsed by Oprah and many other high profile people. It certainly has created a lot of interest in people searching for truth and looking for answers.

These laws all come from "That Old Book" and are free to all people, and let me say that they all work when you apply them, no matter what your belief system. The good news is that they are free, you don't have to pay for "the secret".

Well if they are free, I hear you ask, how come we are not all rich, prosperous, happy, healthy and wealthy like they promises to make us???

Well let me share another story that comes from that "OLD BOOK". It's the story of David and Goliath.

. You will remember that the Phillistines and the Israelites were at war with each other and camped on opposite hills. Goliath was the Phillistines champion, a giant measuring over 9 feet tall, who every morning would go out and call across to the Israelites, taunting them. "Send your best warrior to fight and I will eat him up and spew him out".

The Israelites became full of FEAR as they had no champion capable of fighting him including their mighty King Saul. They could not move as they became paralyzed with the fear of fighting the GIANT.

Then along comes this slightly built, 16 year old shepherd boy, David, who volunteers to face the giant.

He goes out to meet Goliath, who taunts and threatens him and David replies "**You don't know the power of MY GOD**", and then slays him with his sling and cuts off his head.

You see, Goliath was reliant on SELF!. Yes he understood the law of attraction, affirmation, vision etc, and was speaking it out.

What he didn't understand was that there is a **higher power than self**.

Over the years I have come to an understanding that we all have GIANTS in our lives that we face each day. The giants of:

- Self doubt
- Unworthiness
- Fear of failure
- Fear of success
- Numerous other fears
- Depression
- Anger
- Cultural beliefs ie I am not meant to be wealthy, happy, prosperous....
- Lack of Purpose (Why am I here?)
- Envy/jealousy
- Unforgiveness

- ETC. ETC. ETC. ETC.....

Until we tackle these giants/baggage/emotional junk **that we all have**, and realize that **we all** need help in that journey, *help that is above "SELF POWER"*, then we can learn the laws until the cows come home and never receive the abundance that we are promised.

You might never be ready to "FACE YOUR GIANTS", but maybe it's time! Call me.

**Richest blessings to you and your family.**

**John Lockwood**

*2007 - THE YEAR OF JUBILEE*